Should Ring a Temple Bell

If the word father or mother is spoken by a child, a temple bell should ring with joy, but it often doesn't. What happened?

On the contrary, it is troubling when so many children on earth really wish their parents were dead.

Something must have taken place in the womb. Maybe some poison emotion seeped in, too often.

Or a face and sounds that cared for you once you were born, just got too weird.

How to release that which is deeply amiss from your mind?

Knowing pain can make kinder the hand and tongue, do you think you can be more accepting of the past?

Can the reed that has never been cut so deep, it then weeps drops of its vitals . . . give any music?

Let something ring your temple bell. Find that. I know you can.

- Rumi